

# Strengths and Weaknesses

## Strengths


- Responsible
- Motivated
- Dedicated
- Integrity
- Focused
- Organized
- Team Player
- Values

## Weaknesses

- Unmotivated
- Poor communication
- Disorganized
- Inefficient
- Time Management
- Distracted
- Negative

# Assessing Strengths and Weaknesses

- Motivate yourself to address your weaknesses
- Be receptive to constructive criticism
- Be willing to compromise
- Understand...you don't have to be good at everything



“When we are no longer able to change a situation, we are challenged to change ourselves.”

Viktor Frankl

# Passion

- Combination of heart and head, not emotion
- Passion is critical for reaching your potential
- Reaching your potential is a process that requires you to reflect, learn in a disciplinary way, and translate your insights into acts
- How does your passion fit with the UCF Creed?

◆ Integrity

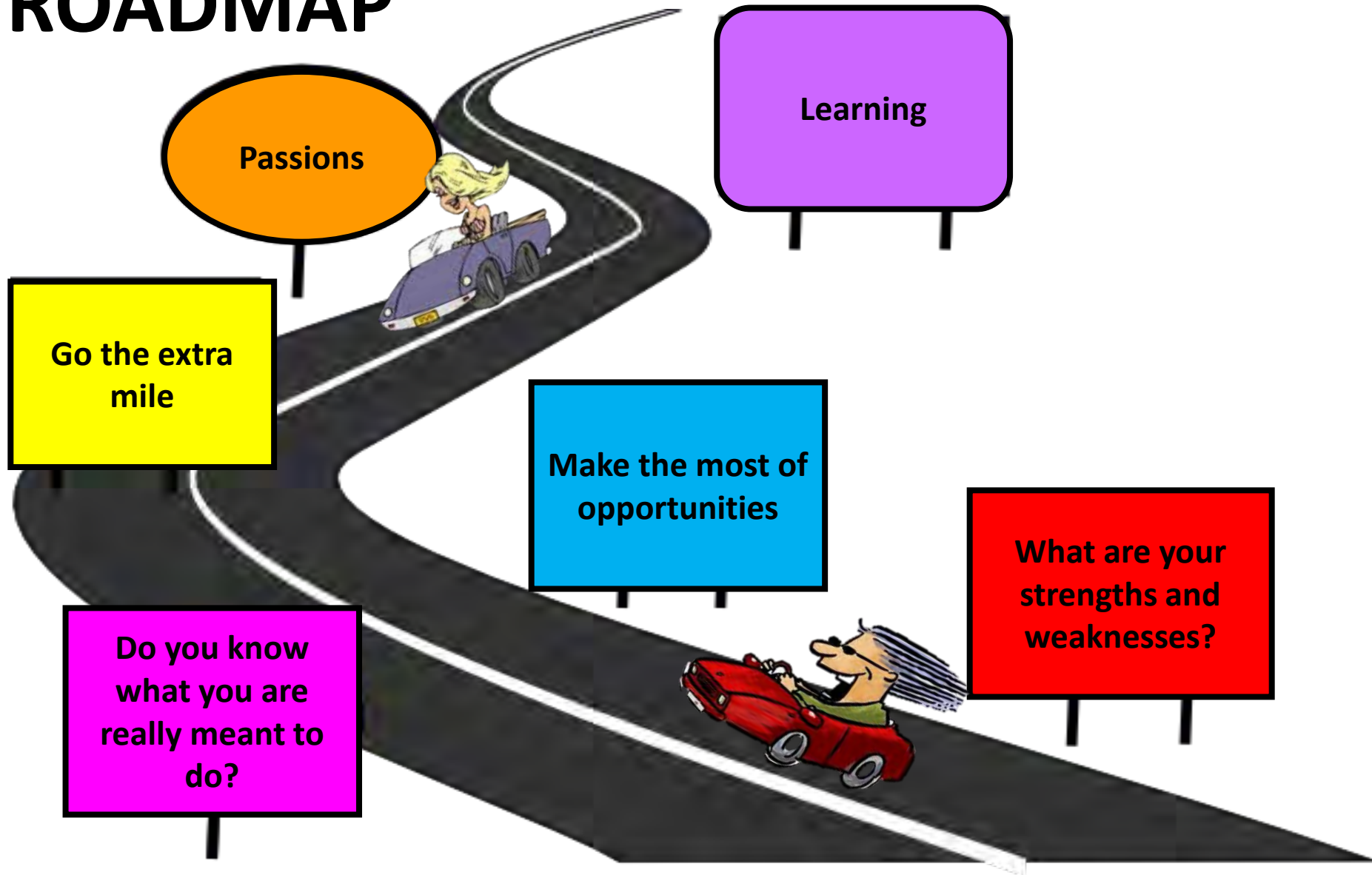
◆ Scholarship

◆ Community

◆ Creativity

◆ Excellence

# ROADMAP



*“Fulfillment doesn’t come from clearing hurdles others set for you; it comes from clearing those you set for yourself.”*

Robert S. Kaplan  
Harvard Business School

# What Kids Teach You About Success?



[https://youtu.be/7\\_5erBSBQlc?t=12s](https://youtu.be/7_5erBSBQlc?t=12s)



# Now...Who Do You See in the Mirror?



Mirror, Mirror on the Wall  
**I'M** looking good after all  
I look in the mirror and now I see  
**I AM** the one who holds the **KEY**  
**I AM** a person who will grow  
Because this workshop helped me know  
How to figure out who **I** can be  
And do it all....successfully.



*“It is easy to blame mirrors for what we see, but truthfully, mirrors are unbiased. It is humans that carry the bias. With varying levels of negativity and defeat, humans often approach mirrors with hopes to see something different from what they know is there, but lose this when opening their eyes in front of one.*

*Love your reflection, because you are amazing!”*



Conn Beaulieu

# Got Questions?

# References

- Harvard Business Review -**Managing Yourself – Reaching Your Potential** by *Robert S. Kaplan*  
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- Full-text *Harvard Business Review* article Reprint R0807C 2008  
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- What Kids Can Teach You About Success:  
[https://youtu.be/7\\_5erBSBQlc?t=12s](https://youtu.be/7_5erBSBQlc?t=12s)

# Presented by the SASI Presentation Committee

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**Thank You**

